

Smart Snacks

13. Can we sell Jamba Juice?

Jamba Juice smoothies are permitted if they are the "All Fruit Smoothies" in an 8 oz portion for elementary students or a 12 oz portion for middle or junior high students.

14. What kind of food can I serve at a school carnival on the weekend?

If the carnival is held after school hours, the event is exempt from any nutrition standards. School-sponsored functions, such as carnivals must comply with Maricopa County Environmental Service regulations and district regulations. A county special events permit must be obtained to operate public functions where food is served. Alternatively, schools may contract the services of the Nutrition Services Department, an outside vendor or caterer that has obtained all required permits. Please refer to the Special Event Food Regulations.

15. Can I give treats to students for good behavior or academic achievement?

The Washington Elementary School District's Wellness Policy encourages using non-food rewards to recognize students.

16. Our PTO wants to provide cookies to celebrate a reading goal, the anniversary of our school, or another type of celebration. What type of cookies are we allowed to serve?

Cookies or other grain based items must be "whole grain rich" – at least 51% of the grain in the item must be a whole grain and the item must also meet calorie, fat, saturated fat, sodium and sugar limits. Contact your cafeteria manager to place an order for fresh baked cookies that meet the nutrition standards, review the Approved Food List or connect to the Alliance for a Healthier Generation Smart Snacks Calculator to see if your item meets the nutrition standards.